The Belt of Truth

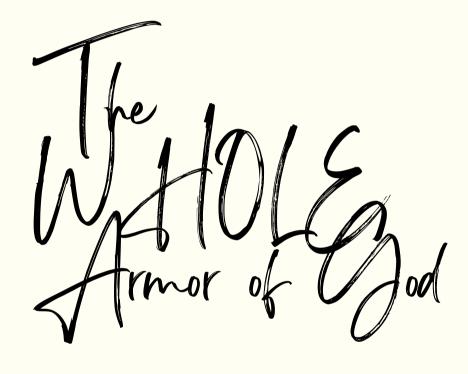
Breastplate of Righteousness

Shoes of the Gospel of Peace

Shield of Faith

Helmet of Salvation

Sword of The Spirit



[Ephesians 6:10-18]

Ephesians 6:10-18

"Finally, my brethren, be strong in the Lord, and in the power of his might. (11) Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

(12) For we wrestle not against flesh and blood, but against *principalities*, against *powers*, against the *rulers of the darkness of this world*, against *spiritual wickedness in high places*. (13) Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

(14) Stand therefore, having your loins *girt about* with truth, and having on the breastplate of righteousness; (15) And your feet shod with the preparation of the gospel of peace;

Ephesians 6:10-18

(16) Above all, taking the **shield of faith**, wherewith ye shall be able to quench all the fiery darts of the wicked.

(17) And take the **helmet of salvation**, and the **sword of the Spirit**, which is the word of God:

(18) Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

Ephesians 6:10

"Finally, my brethren, be **strong** in the Lord, and in the power of his might."

Vine's Expository Dictionary of NT Words **Endynamoō** [**G1743**]

Strength, Strengthen "to make strong"

• Enable

"to render strong'...instrengthened, inwardly
strengthened', suggesting strength in soul and
purpose."

iscussion:

We should draw our inward strength from Christ because **HE** is the "**strength**" plant (power plant). **HE** gives us power in the mind to overcome the tempting thoughts. **HE** gives us power to go forward in our purposes and callings with His might.

"Put on the **whole armour of God**, that ye may be able to stand against the **wiles** of the devil."

Vine's Expository Dictionary of NT Words
Panoplia [G3833]

Arms (Weapons), Armor, to Arm:
 "(b) of the spiritual helps supplied by God for overcoming the temptations of the Devil...Among the Greeks the panoplia was the complete equipment used by heavily armed infantry."

Outline of Biblical Usage
 "A. includes shield, sword, lance, helmet, greaves, and breastplate"

Vine's Expository Dictionary of NT Words
 Methodeia [G3180]
 Wiles:

"denotes '**craft**, deceit' (meta 'after', hodos, 'a way').
'a **cunning** device, a wile"

Outline of Biblical Usage
 "I. cunning arts, deceit, craft, trickery



We are able to stand against the cunning arts, deceit, craft, and trickery **ONLY** if we have the **WHOLE** armor of God..

"For we wrestle not against flesh and blood, but against *principalities*, against *powers*, against the *rulers of the darkness of this world*, against *spiritual wickedness in high places.*"

- Vine's Expository Dictionary of NT Words
 Archē [G746]
 Principality
 "(b) of evil angels"
- Outline of Biblical Usage
 "V. the **first place**, principality, rule, magistracy
 A. of **angels and demons**

Outline of Bibilical Usage

Exousia [**G1849**]

Powers

"C. metonymically

ii. one who possesses authority

b. the leading and more powerful among created beings *superior to man*, spiritual potentates."

Vine's Expository Dictionary of NT Words
 Kosmokratōr [G2888]
 Ruler

"...The context ("not against flesh and blood") shows that **not** earthly potentates are indicated, but spirit powers, who, **under the permissive will of God, and in consequence of human sin, exercise Satanic and therefore antagonistic authority of the world** in its present condition of spiritual darkness and alienation from God."

Outline of Biblical Usage

Kosmokratōr [G2888]

Ruler

"I. lord of the world, prince of this age.

A. the devil and his demons"

- Vine's Expository Dictionary of NT Words
 Pneumatikos [G4152]
 Spiritual
 "always connotes the ideas of invisibility and of power...
- (a) the angelic hosts, *lower than God but higher in the* scale of being than man in his natural state, are 'spiritual hosts'."

Outline of Biblical Usage

Pneumatikos [G4152]

Spiritual

"II. belonging to a spirit, or **being higher than man** but inferior to God."

Outline of Biblical Usage

Ponēria [**G4189**]

Wickedness

"I. depravity, iniquity, wickedness

II. malice

III. evil purposes and desires



Combine the two to find the meaning of "spiritual wickedness", and you'll get "beings HIGHER than man but INFERIOR to God (who are deprayed and have evil purposes.)

Ephesians 6:13

"Wherefore take unto you the whole armour of God, that ye may be able to **withstand** in the evil day, and having done all, to stand."

Outline of Biblical Usage

Anthistēmi/G436

Resist

"I. to set one's self against, to withstand, *resist*,

oppose

II. to set against"



Once again, scripture is outlining and emphasizing **the importance of the whole armor of God**, so we can resist the evil on that day of tribulation .

"Stand therefore, having your *loins girt about* with truth, and having on the breastplate of righteousness;"

Vine's Expository Dictionary of NT Words
 Osphys[G3751]
 Loins

"(2) the same, with truth, Eph 6:14, i.e., bracing up oneself so as to maintain perfect sincerity and reality as the counteractive in Christian character against hypocrisy and falsehood;"

Outline of Biblical Usage "I. the hip (loin)



"Gird up your loins" was a way men would prepare for manual labor or battle. People would tuck the traditional long robe into a girdle or belt, so it wouldn't get in the way when working.

Vine's Expository Dictionary of NT Words **Alētheia**[**G255**]

True, Truly, Truth

"(a) objectively, signifying 'the reality lying at the basis of an appearance; the manifested, veritable essence of a matter'...especially of Christian doctrine, where 'the truth of the Gospel' denotes the 'true' teaching of the Gospel, in contrast to the perversions of it."

Outline of Biblical Usage

"B. what is true in things appertaining to God and the duties of man, moral and religious truth

(J) is cussion:

Truth is reality. Truth is the "true" teachings of Christ without defilement, contamination of Man's opinion, or any spoil. As believers, we should wear HIs Gospel-His Word daily. It will be girded around our loins,; therefore, preparing us for daily activities and work.

Vine's Expository Dictionary of NT Words
 Thōrax[G2382]

Breastplate

"primarily, 'the breast', denotes 'a breastplate or corselet,' consisting of two parts and protecting the body on both sides, from the neck to the middle.

- Outline of Biblical Usage
 "I. the breast, the part of the body from the neck to the navel, where the ribs end
 - Vine's Expository Dictionary of NT Words
 Dikaiosynē [G1343]

Righteousness

"the character or quality of being right or just; it was formerly spelled 'rightwiseness', which clearly expresses the meaning.

Vine's Expository Dictionary of NT Words
 Dikaiosynē [G1343]

Righteousness

- "(a) of whatever is right or just in itself, whatever conforms to the revealed will of God
 - (b) whatever has been appointed by God to be acknowledged and obeyed by man."
- Outline of Biblical Usage
- "I. in a broad sense: state of him is **as he ought to be**, **righteousness**, **the condition acceptable to God**
- A. the doctrine concerning the way in which man *may* attain a state approved of God
 - B. integrity, virtue, purity of life, rightness, correctness of thinking, feeling, and acting
 - II. in a narrower sense, justice or the virtue which gives each his due"

igenssion:

The breastplate protects a center piece of the believer...the heart. Scripture says to have the breastplate of righteousness, which means righteousness should protect, guard, and cover our hearts. Integrity will protect my heart. Virtue will protect my heart. Purity will protect my heart. Correct thinking, feeling, and acting will protect my heart.

If these things protect my heart, what damages or defiles my heart? Sin. Wickedness. Impiety. Deceit. *III thinking, feeling, and doing.*

Righteousness combats wickedness.

"And your feet shod with the preparation of **the gospel of peace**;"

Vine's Expository Dictionary of NT Words
 Hypodeō[G5265]

Bind, Binding

"...to bind underneath is used of binding of sandals."

Vine's Expository Dictionary of NT Words
 Euangelion[G2098]

Gospel

"the good news...it denotes the 'good tidings' of the kingdom of God and of salvation through Christ, to be received by faith, on the basis of His expiatory death, His burial, resurrection, and ascension."

Vine's Expository Dictionary of NT Words
 Eirēnē[G1515]

Peace, Peaceable, Peaceably

- "(f) the harmonized relationships between God and man, accomplished through the gospel
- (g) the sense of rest and contentment consequent thereon"
- Outline of Biblical Usage
 "Ill. security, safety, prosperity, felicity, (because peace and harmony make and keep things safe and prosperous)

IV. of the Messiah's peace

A. the way that leads to peace (salvation)

V. of Christianity, the tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and content with its earthly lot, of whatsoever sort that is



Roman soldiers' shoes were studded with hobnails to give them stability on the battlefield. Therefore, the believer's shoes should be studded with the good news of the security, safety, prosperity, and felicity Christ gave us through His death, burial, resurrection, and ascension.

It is because He went through this that I'm able to have contentment no matter what the enemy may throw at me. Severe-bloody persecution or tribulation. I'll have peace because I'm going home to The Most High.

The perfect examples: 2 Corinthians 4:16-18 and 2 Corinthians 5:1-9.

2 Corinthians 4:16-18

"For which cause we faint not; **but though our outward man perish, yet the inward man is renewed day by day.**

- (17) For our light affliction, which is **but for a moment**, worketh for us **a far more exceeding and eternal** weight of glory;
- (18) While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal."

2 Corinthians 5:1-0)

"For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens

- (2) For in this we groan, earnestly desiring to be clothed upon with our house which is from heaven:
- (3) If so be that being clothed we shall not be found naked. (4)For we that are in this tabernacle do groan, being burdened: not for that we would be unclothed, but clothed upon, that mortality might be swallowed up of life.
- (5) Now he that hath wrought us for the selfsame thing is God, who also hath given unto us the earnest of the Spirit. (6) Therefore we are always confident, knowing that, whilst we are at home in the body, we are absent from the Lord:

2 Corinthians 5:1-0

- "(**7**) (For we walk by faith, not by sight:)
- (8) We are confident, I say, and willing rather to be absent from the body, and to be present with the Lord.
- (9) Wherefore we labour, that, whether present or absent, we may be accepted of him.

"Above all, taking the **shield of faith**, wherewith ye shall be able to **quench** all the fiery darts of the wicked.

Vine's Expository Dictionary of NT Words
 Thyreos[G2375]
 Shield

""a shield," large and oblong, *protecting every part of the soldier*; the word is used metaphorically of faith, Eph 6:16, which the believer is to take up "in (en in the original) all" (all that has just been mentioned), *i.e.*, *as affecting the whole of his activities.*

Vine's Expository Dictionary of NT Words
 Pistis[G4102]

Assurance, Assure, Assuredly "faith, has the secondary meaning of "an assurance or guarantee"

Outline of Biblical Usage
 "D. belief with the predominate idea of trust (or confidence) whether in God or in Christ, springing from faith in the same

A. the character of one who can be relied on"

II. fidelity, faithfulness

- Vine's Expository Dictionary of NT Words
 Plerophoria[G4136]

 "the engrossing effect of the expectation of the fulfillment of God's promises."
 - Vine's Expository Dictionary of NT Words
 Sbennymi[G4570]

Go(Went), Go Onward, Etc.

""to quench," is used in the Passive Voice, of **the going out** of the light of a torch or lamp"

Outline of Biblical Usage
"I. **to extinguish**, quench
A. of fire or things on fire
i. to be quenched, to go out

igussion:

Roman soldiers' shield was designed to protect the entire body. They'd soak it in water, so it would put out the fiery missiles thrown at them by the enemy

Notice how the believers have other forms of protection, but we're now adding this big shield of faith that'll cover the entire body. The shield of assurance that as we're on this spiritual battlefield, we know our loyal Father will fulfill His words in the scripture and that He will **Exodus 14:14**.

Exodus 14:14 KJV, "The LORD shall fight for you, and ye shall hold your peace."

But we **FIRST** have to have the faith **OR** assurance that He **SHALL** and **WILL** fight for us as long as we're in righteousness or right standing or having the breastplate of righteousness on..

because who is going to want to help someone who doesn't even have the wisdom to put on their proper gear?

"And take the *helmet of salvation*, and the *sword* of the Spirit, which is the word of God:"

Vine's Expository Dictionary of NT Words
 Perikephalaia[G4030]

Helmet

"from peri, 'around' and kephale 'a head' is used figuratively in Eph 6:17, with reference to salvation...In Eph 6:17, salvation is a present experience of the Lord's deliverance of believers as those who are engaged in spiritual conflict."

Outline of Biblical Usage

"I. a helmet

II. metaph.

A. **the protection of the soul** which consists in (the hope of) salvation."

Vine's Expository Dictionary of NT Words **Sōtērios**[**G4992**]

Salvation

"denotes "deliverance, preservation, salvation."

- (a) of material and temporal deliverance from danger and apprehension
- (d) of the future deliverance of believers at the Parousia of Christ for His saints, a salvation which is the object of their confident hope... where "salvation" is assured to them, as being deliverance from the wrath of God destined to be executed upon the ungodly at the end of this age."
 - Outline of Biblical Usage
 "I. saving, bring salvation

Vine's Expository Dictionary of NT Words **Machaira**[**G3162**]

Sword

"a short sword or dagger...

(c) of the Word of God, "the sword of the Spirit", probing the conscience, *subduing the impulses to sin.*"

iscussion:

For the believer, the helmet of salvation is The Most High's deliverance from spiritual conflict. It's deliverance on your noggin. We want our minds to be preserved and delivered from **ANY** unlawful thinking or anything rooted from impiety.

Also during this battle (with the helmet of salvation on), the believer can **THINK** on victory and deliverance they will have in The Most High at the end of times.

The sword of the Spirit will be necessary in the next scripture. Since this is a spiritual battle, the believer will need to wield his sword in the Spirit-in **PRAYER**:

James 5:16 KJV, "...the effectual fervent prayer of a righteous man availeth much."

What makes the prayer effectual? The Word of God because it is *ABSOLUTE*. If you pray it (*IN CONTEXT*), you know wholeheartedly He will answer the prayer. I find it interesting that the two things that involves the hands in the armor of God is *FAITH* (the shield) and The *WORD* (the sword) because these two are absolutely vital to build up our intimate relationship with The I AM.

"Praying always with all *prayer* and supplication in the Spirit, *and watching thereunto with all perseverance* and supplication for all saints;"

Vine's Expository Dictionary of NT Words
 Deēsis[G1162]

Pray, Prayer

"primarily "*a wanting, a need*" (akin to A, No. 4), then, "an asking, entreaty, supplication," in the NT is always addressed to God"

Outline of Biblical Usage
 " I. need, indigence, want, privation, penury
 II. a seeking, asking, entreating, entreaty to God or to man

Vine's Expository Dictionary of NT Words
 Agrypneō[G69]

Watch, Watchers, Watchful, Watchings
""to be sleepless... is used metaphorically, "to be
watchful,"...The word expresses not mere
wakefulness, but the "watchfulness" of those who are
intent upon a thing."

- Outline of Biblical Usage
 I. to be sleepless, keep awake, watch
 II. to be circumspect, attentive, ready
- Vine's Expository Dictionary of NT Words
 Proskartereō [G4342]
 Attend, Attendance, Attendant
 "to be steadfast,"...denotes to continue steadfastly in a thing and give unremitting care to it"

Ephesians 6:18 AMPC & EXB

Ephesians 6:18 AMPC, "Pray at all times (on every occasion, in every season) in the Spirit, with all [manner of] prayer and entreaty. To that end keep alert and watch with strong purpose and perseverance, interceding in behalf of all the saints (God's consecrated people)."

Ephesians 6:18 EXB, "Pray in [or in dependence on] the Spirit at all times with all kinds of prayers [Lprayers and requests], asking for everything you need. To do this you must always be ready [alert] and never give up [L with all perseverance]. Always pray for all God's people [T the saints].

iscussion:

What I get from Ephesians 6:18 is that the believer is supposed to be an habitual prayer. Offering **ALL** and Every request they can think of to The Most High. No matter how big. No matter how small. **Also, keep** watch, be mindful, be aware (with persistency), so you can intercede for your brethren in Christ.

Be on watch.

If you notice something about your brother; if the Spirit reveals; or even if they tell you themselves, intercede on their behalf. Remember *James 5:16 KJV*, "...the effectual fervent prayer of a righteous man availeth much."



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The 1016 Sod

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Shield of Faith

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