



# WHAT IS TRUE REPENTANCE?

Matt. 4:17, "From that time Jesus began to preach, and to say, Repent: for the kingdom of heaven is at hand." KJV  
Version.

-JESUS CHRIST

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# TRUE REPENTANCE

is the changing of the heart and mind you once had, when you were sinning. You have to renew your mind, & depart from your wicked ways. This is true repentance.

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# REPENTANCE

is not confessing or asking for the forgiveness of your sins. You can do this, but still not repent. Thus, falling right back into the sin you just asked forgiveness for.

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# PAUL

said in Romans 12:2, "...but be ye transformed by the renewing of your mind." KJV Version. Look up "renewing" in the Blue Letter Bible. It means, "complete change for the better."

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WE

are repenting from our sins  
(changing & departing from our  
sinful ways), to live a better &  
holy-submitted life to Jesus  
Christ. The question is, "How do I  
renew my mind as a believer?"

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# HOW

are YOU resisting the devil? How are YOU removing yourself from the sources of temptation? What are the triggers that make you want to sin? What does The Word of God say about the sin you are committing?

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# YOU

may have to get rid of friends or family, if they are a stumbling block in your walk of faith. You can't watch the movies & listen to the music used to. You may have to leave a bf/gf, if they're adamant on fornicating.

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# IN ORDER

to renew and change your mind,  
you need to know what to change  
it to. You find that in The Word of  
God. Study & Meditate on the  
scriptures. Learn about the  
character of God: what He loves  
& what He hates.

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## ALL-IN-ALL

becoming a disciple of Christ & practicing DAILY repentance comes with--SACRIFICE. Romans 12:1-2 talks about this. Paul told us to present our bodies as a living sacrifice, which means die to our fleshly desires & focus on God's will.

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